



## SHARED BEGINNINGS

Grilled Calamari	herb marinated squid tubes, roasted pepper polenta, spicy pepper relish g m v	16
Wild Mushroom Crostini	sauteed mixed mushrooms, roasted garlic, gorgonzola dolce, sherry vinegar, grilled baguette	20
Zuppa Di Cozze	white wine, tomato broth, drunken mussels, roasted garlic, grilled focaccia crostini g m	17
Tuna Crudo	ahi grade tuna, capers, queen green olives, chili aioli, olive oil, maldon salt g m	24
Carpaccio Piemonte	beef tenderloin, white mushrooms, hazelnuts, parmigiano reggiano, truffle oil g m	26
Shrimp Cocktail	house made cocktail sauce, prepared horse radish g m	7 <sup>each</sup>

## FRESH GREENS

House Salad	baby green spring mix, cherry tomato, english cucumber, onions, lemon vinaigrette, house made croutons g m v	13
Burrata Caprese	toy box tomatoes, iberica ham, roasted pistachio, balsamic pearls, micro basil, maldon salt g m v	21
Persian Cucumber Salad	mixed greens, spiral cut cucumber, pickled red onion, cherry tomato, feta, lemon harissa vinaigrette g m v	15
Fresh Fennel & Citrus	baby arugula, thinly sliced fennel, red onion, naval orange, pink grapefruit, shaved grana padano cheese, lemon sumac dressing g m v	18

ADD A PROTEIN			
8 oz salmon	18	u   12 shrimp	4 <sup>each</sup>
6 oz wagyu steak	20	8 oz marinated chicken breast	7



## HANDCRAFTED PASTA

Bolognese	tuscan 3 meat ragu, fresh pipette pasta, grana padano cheese	24
Pomodoro Bucatini	house tomato sauce, grana padano cheese, micro basil g m v	18
Vegetable Fussili	zucchini, summer squash, carrots, white onion, garlic infused thyme oil g m v	21
Frutti Di Mare	linguini, little necks, mussels, calamari, shrimp, white wine, lemon zest, garlic g m	34

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consuming raw or under cooked meat or eggs may increase your risk of food borne illness.  
 please inform your server if a person in your party has a food allergy or special dietary need.  
 while we do our best to accommodate your needs, please be aware our restaurant  
 uses ingredients that contain all the major FDA allergens.  
 we offer gluten friendly options, however our kitchen is not gluten free.

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## HANDHELDS

Lobster Roll	claw   knuckle   tail meat, capers, tarragon honey dressing, bib lettuce, toasted brioche roll g   m	34
House Burger	MSK burger blend 8oz patty, lettuce, tomato, pickle, onion, cheddar cheese g   m	17
Bistro Burger	MSK burger blend 8oz patty, smoked gouda, baby arugula, pepper bacon, dijon aioli g   m	19
Mediterranean Burger	MSK lamb 6oz patty, vine ripe tomato, bib lettuce, pickled onion, tzatziki spread, brioche roll g   m <i>sub. lamb patty for grilled chicken</i>	17
Tenderloin Sandwich	grilled CAB tenderloin, mixed herb & scallion cream cheese, caramelized onions, watercress, grilled French baguette g   m	26
Beer Battered Cod	lemon caper aioli, vine ripe tomato, bib lettuce, brioche roll	16
Caprese Chicken	marinated breast, fresh mozzarella, bib lettuce, vine ripe tomato, basil pesto, garlic aioli, brioche roll g   m	16
Twice Battered Fried Chicken	LTP, honey thyme dressing, brioche roll <i>offered grilled</i>	16

ALL HANDHELDS ARE ACCOMPANIED BY CHOICE OF:

hand cut fries  
red bliss potatoes,  
sea salt  
sweet potato +2

giardiniera  
pickled vegetables

house salad  
baby greens, lemon  
vinaigrette, cherry tomatoes,  
cucumber, onions,  
house-made croutons



## SIGNATURE MAINS

Steak Frites	snake river farms american 8oz wagyu, flat iron, hand cut fries, black garlic aioli g   m	35
Italian Fish & Chips	haddock fillet, hand cut fries, giardiniera, lemon caper aioli	24
Seared Salmon	roasted corn sweet potato bacon hash, green mustard cream sauce g   m	32

g | m can be made gluten friendly upon request | v vegetarian

Main Sail Kitchen is part of The Martucci Group Family.  
we know that you have many options when dining out and we are grateful you  
chose to spend your time with us!

GENERAL MANAGER LEIGH DEPPING | EXECUTIVE CHEF MICHAEL PENNACCHIA

private event space available  
contact 401-824-4010 & let our culinary and event specialists  
prepare the perfect celebration for you

20% GRATUITY ADDED TO PARTIES OF 6 OR MORE